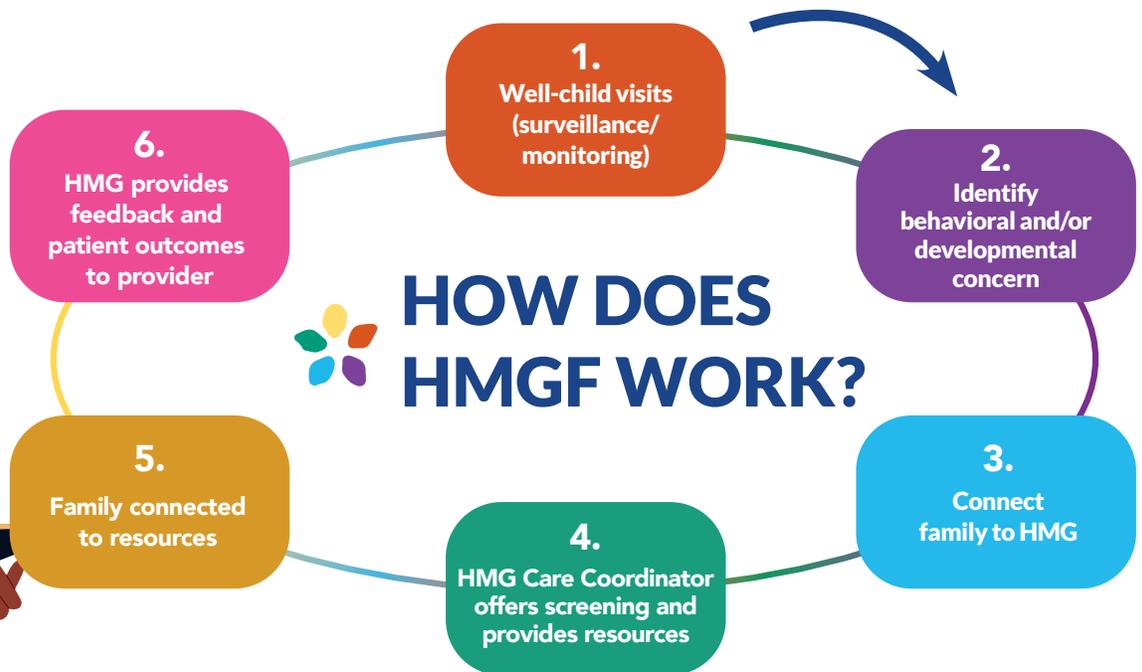


Help Me Grow, your practice, and YOU!



As a healthcare professional, you understand the importance of early detection and intervention. Help Me Grow[®] Florida HMGF supports you with the following services:

- Free developmental and behavioral screenings
- Parenting tips, activities, and useful information
- Referrals and connections to available community resources
- Follow-up with families to ensure children receive the services they need
- Shared outcomes of our care coordination efforts to strengthen the relationship between you and your patient



Does Your Practice Offer Developmental Screenings?

YES!

Help Me Grow can assist with...

- Follow up support for families
- Updated resource directory for referrals and connections to services
- Enrollment assistance for families
- Parenting tips, activities, and other useful information
- Trainings for staff on developmental monitoring/screening

NOT YET!

Help Me Grow can assist with everything mentioned PLUS...

- Incorporating developmental monitoring in well-child visits
- Assistance in conducting developmental and behavioral screenings on-site
- Establishing a formal screening process for the practice

Does Your Practice Promote Developmental Monitoring and Surveillance?

Help Me Grow's milestone checklists make developmental surveillance easy.

Our checklists:

- Utilize CDC's *Learn the Signs. Act Early.* milestones, based on milestones from the American Academy of Pediatrics (AAP)
- Help you systematically conduct developmental surveillance as recommended by the AAP
- Correspond with health supervision visits for ages 2 months to 5 years
- Are completed by parents, preparing them for more accurate responses to developmental screenings

Scan code to check out our electronic checklists!



DID YOU KNOW?¹

Children see the doctor up to **12** times during the first two years of life for well care.

The American Academy of Pediatrics (AAP) recommends that developmental surveillance be incorporated into **every** well child visit.

Developmental surveillance and screening together are more likely to identify the **1 in 6** children with a developmental disability than either one alone.

Research shows **12-16%** of children are at risk for developmental and/or behavioral problems which can impact their health and wellness.

The AAP recommends that standardized developmental screening tests be administered to all children at the **9,18**, and either the **24** or **30** month visits.

¹ Centers for Disease Control and Prevention (2022, November 25). Healthcare Providers. www.cdc.gov/ActEarly/HealthCare

How can you connect your patients to HMG?

Instruct a family to connect with HMG in the following ways:



Call 2-1-1 or your local Help Me Grow.



Visit helpmegrowfl.org to connect with a care coordinator or complete a developmental questionnaire.

We'd love to support you in achieving our shared goal of promoting healthy development for every child in Florida.



SCAN CODE TO LEARN MORE!



Centers for Disease Control and Prevention
www.cdc.gov/actearly
1-800-CDC-INFO

Sponsored by the Children's Forum and the State of Florida, Division of Early Learning