Help Me Grow, your practice, and YOU!

As a healthcare professional, you understand the importance of early detection and intervention. Help Me Grow® Florida HMGF supports you with the following services:

- Free developmental and behavioral screenings
- Parenting tips, activities, and useful information
- Referrals and connections to available community resources
- Follow-up with families to ensure children receive the services they need
- Shared outcomes of our care coordination efforts to strengthen the relationship between you and your patient

How Does HMGF Work?

1. Well-child visits (surveillance/monitoring)
2. Identify behavioral and/or developmental concern
3. Connect family to HMG
4. HMG Care Coordinator offers screening and provides resources
5. Family connected to resources
6. HMG provides feedback and patient outcomes to provider

Does Your Practice Offer Developmental Screenings?

Help Me Grow can assist with...
- Follow up support for families
- Updated resource directory for referrals and connections to services
- Enrollment assistance for families
- Parenting tips, activities, and other useful information
- Trainings for staff on developmental monitoring/screening

Help Me Grow can assist with everything mentioned PLUS...
- Incorporating developmental monitoring in well-child visits
- Assistance in conducting developmental and behavioral screenings on-site
- Establishing a formal screening process for the practice

Yes!

Not Yet!
Children see the doctor up to 12 times during the first two years of life for well care.

Research shows 12-16% of children are at risk for developmental and/or behavioral problems which can impact their health and wellness.

The American Academy of Pediatrics (AAP) recommends that developmental surveillance be incorporated into every well child visit.

The AAP recommends that standardized developmental screening tests be administered to all children at the 9, 18, and either the 24 or 30 month visits.

Developmental surveillance and screening together are more likely to identify the 1 in 6 children with a developmental disability than either one alone.

Help Me Grow’s milestone checklists make developmental surveillance easy.

Our checklists:

- Utilize CDC’s Learn the Signs. Act Early milestones, based on milestones from the American Academy of Pediatrics (AAP)
- Help you systematically conduct developmental surveillance as recommended by the AAP
- Correspond with health supervision visits for ages 2 months to 5 years
- Are completed by parents, preparing them for more accurate responses to developmental screenings

DID YOU KNOW?¹

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How can you connect your patients to HMG?

Instruct a family to connect with HMG in the following ways:

- Call 2-1-1 or your local Help Me Grow.
- Visit helpmegrowfl.org to connect with a care coordinator or complete a developmental questionnaire.

We’d love to support you in achieving our shared goal of promoting healthy development for every child in Florida.

SCAN CODE TO LEARN MORE!

Sponsored by the Children’s Forum and the State of Florida, Division of Early Learning